
St. Mary's CE Academy

'Excellence through faith & learning'



Physical Education Policy

*"I have come that they may have life,
and have it to the full."*

John 10:10

**Reviewed: Spring 2020
Approved by Governors: Summer 2020
Date of next review: Summer 2022**



INTENT

Our School Vision & Vision for Physical Education

At St Mary's Church of England Academy, we aim to provide a caring environment where every child can thrive and is supported to achieve their unique & amazing potential as a child of God. Our high standards of teaching and personalised learning are set within a broad, balanced and creative curriculum – a curriculum which is intended to prepare our learners to make a positive contribution towards society and enjoy future success.

Our Vision for Physical Education

Our vision for Physical Education and Sport is that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a love and passion for sport and continue this into their later lives. We aim to provide the children with at least two hours of exciting PE lessons every week. We also intend to keep the children active every day, with at least 30 minutes of physical activity.

At St. Mary's, we work closely with the Arches School Sport Partnership. We strive to give as many children as possible the opportunity to compete in a variety of competitions and take part in sporting events. We also offer the children many opportunities to attend extra-curricular clubs, so that they have the chance to take part and excel in a broad range of activities. We hope that in doing so, the children will improve team work and collaboration, increase motivation and will improve overall academic performance.

It is also vital that we create sporting play leaders at St. Mary's. We aim to offer lots of children the opportunity to lead sporting activities, organise games and events and learn to lead by example. Physical Education and Sport are a proud part of St. Mary's and we hope that this enables our children to fulfil their lives, lead healthy, active lifestyles and reach their full potential in all areas.

IMPLEMENTATION

Our Aims for Physical Education - taken from the National Curriculum 2014.

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for physical education aims to ensure that all pupils:

- ♣ Develop competence to excel in a broad range of physical activities
- ♣ Are physically active for sustained periods of time
- ♣ Engage in competitive sports and activities
- ♣ Lead healthy, active lives.

Making use of our Locality and Wider Links

As a school, St Mary's provides links to a number of local opportunities by targeting children with information around activities that they can take part in outside of school. We engage with outside providers coming in to school to offer taster sessions in a range of sports including: Judo, Cricket, Rugby and Karate.

St Mary's buy into the local Forge Valley Cluster with the Arches School Sports Partnership, which provides an additional twelve opportunities for competition each year. We aim to keep competitive sport at the heart of school, providing more young people with the opportunity to compete and achieve their personal best.

Assessment, Recording and Reporting

Assessment, recording and reporting are important elements in ensuring that progression is made by all children in PE. Formative assessment takes place every lesson as teachers observe the children and take photographs and videos. Teachers use assessment sheets to record the progress of each child in their class against the skills which have been taught. Additionally, at the end of each unit, children self-assess their learning in their Learning Journey Passport. Summative assessment takes place each term. Teachers make judgements as to whether a child is working towards, has met or has exceeded the expectations for their year group. Data is then analysed to determine who requires targeting.

Primary PE and the Sports Premium

At St Mary's we make use of the Sports Premium by making additional and sustainable improvements to the quality of PE. We develop and add to the activities the school already offers and make improvements that will benefit pupils joining the school in future years.

St Mary's have allocated previous funding to support specific initiatives across the school, to support the curriculum and also to provide extracurricular and community opportunities to pupils. We continue to buy into the Arches School Sport Partnership to allow for a wider range of opportunities for pupils, staff and school as a whole. The funding also supports and involves least active children by running and extending sports clubs.

School Swimming and Water Safety

Swimming takes place in Year 4 for a block of 18 weeks at Ponds Forge. We support pupils who do not reach the National Curriculum standards for swimming. These children are provided with additional booster lessons.

The Year 4 teacher and staff who attend swimming lessons are provided with guidance on their roles and responsibilities.

Equal Opportunities

In accordance with the school's Equal Opportunities Policy', all pupils regardless of gender, cultural heritage, race, colour, nationality, ethnic origin, religion or special

needs, will be given the opportunity to experience and acquire skills according to the National Curriculum. We should aim to create an environment in which all children learn to respect and value each other and each other's interests. Differentiation will be embedded into each lesson to ensure that all children are supported and challenged.

The Role of the PE Leader

The PE Leader is responsible for the development and monitoring of the PE curriculum. She provides staff with a curriculum map, so that throughout the year there is a full coverage of skills and sports being taught. She also provides staff with the appropriate planning and assessment for their unit, which can be adapted as necessary. The PE Leader is responsible for updating the School's Policy and Action Plan in line with the School Development Plan. She assists staff by carrying out questionnaires to identify strengths and areas which require more support. The PE Leader also ensures that staff are provided with opportunities for CPD and support with their teaching. She is also responsible for co-ordinating staff requests for resources and monitoring and maintaining the condition and availability of resources. The PE Leader observes practice and monitors levels of achievement in the subject.

PE Lessons

St Mary's have a curriculum map in place which covers a range of areas from the National Curriculum and is delivered in a range of different settings within school. All children in school receive two hours of PE each week. They are taught one hour of indoor and one hour of outdoor PE lessons (weather permitting) and will cover a broad range of topic areas throughout their time at the school.

Health and Safety

If, due to wet weather or dangerous conditions lessons are unable to be taught outdoors, lessons will be switched to indoors. The decision to switch lessons to indoors will remain with the teacher responsible for that lesson. Whenever possible the lesson content should be maintained. If this is not possible, another practical activity should be undertaken, for example, Go Noodle, Cosmic Kids, Just Dance. Risk assessments must also be carried out when using equipment such as the climbing frame.

Cross-curricular Links

Cross-curricular links are incorporated within the teaching of PE.

Literacy- Speaking and Listening, Vocabulary

Mathematics- Speed, Distance, Time, Height, Length

Science- Health and Fitness, Healthy Eating, The Human Body, Electricity, Animals, Water

Geography- Rivers, Mountains, Seasons, Landscapes, Earth, Weather

Computing- Stop Watches, Cameras

Music- Rhythm, Tempo

History- Toys from the past, The Gunpowder Plot, Dinosaurs, The Romans, WWII

RE- Cultural Dances

PSHE/SMSC- Teamwork, Independence, Collaboration, Empathy, Resilience, Aspiration, Creativity, Socialise, Resolve Conflict, Participate, Cooperate

Healthy Lifestyles- Active Play/Lunchtimes, Active Lessons, Active Interventions, Active Homework, Active Travel, Active Environments

Mental Health- Promote Health and Wellbeing, Achievement,

PE Kits

All children will be expected to have a change of clothing for PE available in school at all times. PE kits must remain in school for a half term before going home to be washed. Where children ask to take their PE kits home to be washed within the half term, they must bring in a replacement kit so that there is always a PE kit in school for them. Teachers should also change for P.E. into suitable footwear and clothing as a model, to show that appropriate clothing is needed for these activities. Parents will be informed in writing, prior to the start of the academic year of the required dress code for PE.

Inside PE lessons: Shorts or leggings, T-shirt, change of footwear (for games and athletics only, bare feet essential for dance and gymnastics).

Outdoor PE lesson: T-shirt, sweatshirt, shorts or tracksuit bottoms, change of footwear.

Children who do not have PE kits in school will be expected to wear a spare kit from the PE cupboard.

Watches and any other form of jewellery should be removed. All earrings acceptable within school policy should be removed. Tape is not permitted. Long hair, below shoulder length, is a safety hazard and must be tied back carefully.

Staff Professional Development

The PE Leader regularly attends courses in order to keep up to date with the PE curriculum. The information is passed on to the rest of the staff and resources are saved onto workspace. The PE Leader also ensures that staff are provided with opportunities for professional development and regular questionnaires are carried out.

Extra-curricular Clubs and Opportunities

We pride ourselves on our excellent reputation and record in PE. St Mary's offer a wide variety of extra-curricular clubs, such as Karate, Dance and Basketball.

The pupils are also provided with a wide range of activities at break and lunchtime to ensure that they are active.

The school offer several clubs throughout the year using external providers and local sports clubs. These include staff delivered by outside providers, school staff and specialist coaches. The school have a weekly Karate club before school where pupils have the opportunity to achieve gradings and progress through their belts.

Appendices:

1. Our Curriculum for Physical Education
2. Action Plan
3. Development Plan
4. Whole School Progression Grid
5. Curriculum Map
6. Learning Journey Passport

